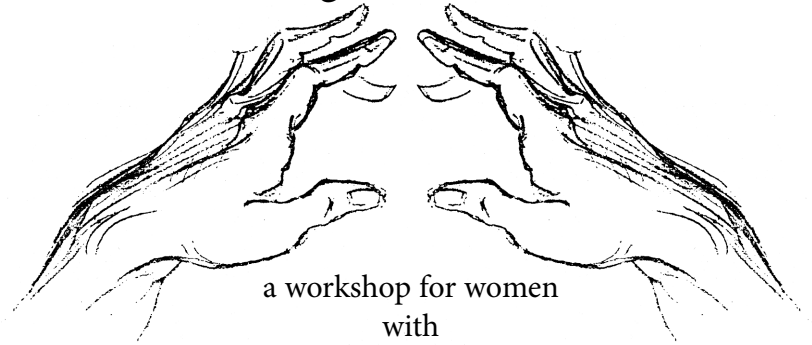


# The Handless Maiden

Reaching for what we love



a workshop for women  
with  
Lynn Dakini Marlow, M.A.  
303-530-7617

“The Handless Maiden” is a fairy tale of a woman who loses and regains her hands. It recounts one woman’s archetypal journey from helplessness and dependency to full creative empowerment! Perhaps her story is also your story! During this workshop, we will tell the story, journal, cast each other’s hands, use the cast as a mold to make ceramic hands, and do ritual. In this way, we will take significant steps on our own journey to empowerment!

## **Week schedule:**

**One-day session, March 8,** 10am–5:30pm (1½ hr lunch break. Please bring lunch for yourself)

The story of the Handless Maiden

Our story – journaling and sharing

Casting our hands

**First evening session, March 13,** 7pm–9:30pm

Making our clay hands

We will roll out slabs of clay and place them in the plaster molds

**Second evening session, March 20** 7pm–9:30pm

We will remove the clay from the mold and complete our clay hands by texturing, carving, adding clay, etc.

**Final session, March 29,** 1pm–5:30pm

Painting and decorating hands (some tools and materials will be provided. You are invited to bring brushes, paints, fabric, other objects that you feel inspired to use for your project)

Journaling and Sharing

Closing ritual

\$150 plus \$20 for studio fees: materials and kiln use, \$130 for those who pre-register by March 1. Space is limited. Partial scholarships, work exchange, and payment plans are available on a limited basis upon request.

If participants want additional studio time to work on their project, times can be scheduled for \$15/hr.

Call or email for more information and/or to register. The workshop will be held at Dakini’s home and studio in Boulder. Directions and additional information will be provided upon registration.

*No prior experience with casting or clay is necessary!*

If these dates do not work for you, call and inquire about dates for the next Handless Maiden workshop. For other services, products, and events email [dakini@dakiniscave.com](mailto:dakini@dakiniscave.com) or visit <http://www.dakiniscave.com>.

**Lynn Dakini Marlow, M.A.** is a body-centered psychotherapist, an ordained interfaith minister, spiritual mentor, and retreat guide who facilitates people in the unfoldment of their souls. She is a writer and artist dedicated to the embodiment of the sacred. Dakini is also the coordinator of the Chrysalis Connection: The Feminine Council of the Sufi Order.